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THE AGE OF MENTAL VIRILITY. An Inquiry into the Records of Achievement of the World's Chief Workers and Thinkers. By W. A. Newman Dorland. Price, \$1.00 (Postage 7 cents). New York: The Century Co.

Since Dr. Osler awakened to alarm the easy-going, dawdling public by the announcement that if men did not start to achievement before the age of forty they rarely accomplished anything worth while after that age, there has been a greatly increased interest in the investigation of the subject, and perhaps nothing more to the point has appeared than Dr. Dorland's "Age of Mental Virility." It is a very bright and readable book in spite of a good bit of tabulated matter, which is usually calculated to make heavy reading, and most readers will by experience and inclination agree with the writer that "as there is a physical and natural evolution of the being and of the race, so there is an individual, a tribal or national, and a racial evolution of the mind." To the young may be allowed the brightest flash of genius, but it is the mature who furnish the fruits of deep and profound thought, action dependent on the emotional side of an individual, being shown at a considerably earlier age than is the product of an intellectual mind. The musician, the soldier develop early their brilliant genius—the scientist and the statesman appear later in life. Dr. Dorland allows considerably more scope to man's productive genius than did Dr. Osler, who limited the age between the years of twenty and forty-five, and would seem to counsel that every man prepare for his ultimate success, deliberately waiting for it to mature and come to its proper completion in patience and hope.

AMERICAN NATIONAL RED CROSS TEXT-BOOK ON FIRST AID RELIEF COLUMNS. By Major Charles Lynch, of the Medical Corps, U. S. A. A Manual of Instruction for the Prevention of Accidents and what to do for Injuries and Emergencies. Prepared for and Indorsed by the American National Red Cross. With a Preface by R. M. O'Reilly, Brigadier-General, Surgeon-General, U. S. A. 74 illustrations. Pocket size, 244 pages, \$1.00 net. P. Blakiston's Son & Co., Philadelphia.

A handy little book and one that easily accommodates itself to small quarters, neatly bound in pale green cloth, ornamented with the red cross. This book gives, first, a brief outline of anatomy and physiology; second, a word on the nature of inflammation; following these with a list of things required in the administration of first aid and